

# PRISCILLA FLOWERS, MS, RN, RD, LD, CDE

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Website: <http://www.priscillaflowers.com>

Visual CV: <http://www.visualcv.com/pflowers>

## SKILLS:

- **Diabetes Education.** Designed Basic Carbohydrate Counting for adults with limited literacy skills. Facilitated “train the trainer” programs. Collaborated with local and state health departments. Develop Diabetes Education Program for OB/GYN Clinic.
- **Technology and Informatics.** Provided technology training for families. Achieved proficiency in: Centricity Electronic Health Record; web page design, implementation and management; and database development and use. Completed “Introduction to Biomedical Informatics” Course. Serve as Webmaster.
- **Nutrition Community Educator.** Trained teachers, nurses, and food-stamp eligible students, and parents as part of Food Stamp Nutrition Education (FSNE).
- **Clinical Nutrition Skills.** Enhanced clinical tube feeding skills through advanced rotation in high acuity community hospital where dietitians have order-writing privileges. Provided total nutrition management for 8-14 in-patients daily during a two-week clinical staff relief rotation.

## PROFESSIONAL HISTORY:

### Prime Time Sister Circle, Washington, DC

2011 to present

Nutrition Expert

- Conduct Nutrition sessions to empower women, in mid-life, to improve their health.

### Washington Hospital Center, Washington, DC

2008 to present

Certified Diabetes Educator and Registered Dietitian, Diabetes Team, Section of Endocrinology

- Provide diabetes education, including nutrition assessment and counseling, for in-patient and outpatient adults and women with diabetes in pregnancy. Initiate Continuous Glucose Monitoring and Insulin Pump Therapy. Provide staff education.
- Facilitated “Lifestyle Balance” and “Diabetes for Life” Community Education Programs.

### University of Maryland College Park Dietetic Internship, College Park, MD

2007 to 2008

Dietetic Intern

- Attained “exceeds expectation” in rotations with major case study accepted for poster presentation at both Maryland and District of Columbia state meetings.
- Designed and presented poster promoting nutrition consults for pre-existing wounds; help nursing staff locate nutrition documentation in the MEDITECH electronic record.
- Demonstrated web-based literacy with development of a personal, professional website.

### Drexel University, Philadelphia, PA

2004 to 2007

Nutrition Educator, Nutrition Education Program of Drexel University

- Created lesson plans and taught classes to parents, students, nurses and teachers.

Teaching Assistant

- Taught weekly Biology Lab, graded assignments, and served as resource for students.

Research Assistant and Co-Investigator

- Designed, attained university and IRB approval, and implemented Research Project to train school nurses in state-mandated Body Mass Index measurement and enhance reporting accuracy.

### Health Promotion Council, Philadelphia, PA

1995 to 2005

Program Coordinator and Director, “Taking Control: Staying Healthy with Diabetes”

- Instructed adults and staff in city health centers on diabetes self management.
- Supervised educators as well as community health workers in five city health centers.
- Participated in curriculum development and maintenance of ADA standard.

# Resume of Priscilla Flowers, MS, RN, RD, LD, CDE

**Liberty Home Health Agency, Springfield, PA** 1989 to 1995  
· Coordinated, managed, and provided in-home nursing care.

**Temple University Hospital, Philadelphia, PA** 1978 to 1987  
· Responsible for total nursing care to assigned patients on adult in-patient units.

## LICENSE AND CERTIFICATIONS:

- Certified Pod Trainer and Certified Product Trainer (2011)
- Conversation Map Facilitator (2009)
- Licensed Registered Dietitian (2008)
- Certified Diabetes Educator (1993)
- Licensed Registered Nurse (1979)

## EDUCATION:

- **Drexel University, Philadelphia, PA** 2007  
· *Master of Science in Human Nutrition*
- **East Stroudsburg University, East Stroudsburg, PA** 1978  
· *Bachelor of Science in Nursing*

## PROFESSIONAL DEVELOPMENT:

### Selected Publications and Presentations

- Poster Session: "Shopping Smart: Dietetic Interns Utilize Learner-Centered Education for Male Clients Undergoing Residential Drug and Alcohol Rehabilitation" at the Food and Nutrition Conference and Exhibition (FNCE), Chicago, Illinois. Authors: Monica Cohen, Priscilla Flowers, Phyllis.E. Fatzinger-McShane, and Laura Otolski (10/08).
- Published invited review of Webinar entitled "So You Want to Be Green: What does that Mean?" in the Food Service Institute of American Winter 2008 Issue Newsletter, the Maryland Dietetic Association (MDA) and District of Columbia Dietetic Newsletters.
- Invited presentation: "*Impact of a Professional Development Program on Growth Screening Practices of School Nurses*" to Marshall University Dietetic Interns and Faculty. Also presented to Nursing Students and Faculty at the "Advancing Knowledge through Nursing Research Conference" (10/12/07).
- Poster session: "*Knowledge and Practices of School Nurses Regarding Growth Measurements*" at the American Public Health Association (APHA) Annual Meeting and Exposition, Boston MA. Authors: Priscilla Flowers, Rhona H. Cooper, and Shortie McKinney (11/7/06).
- Poster session: "*Growth Measurement Knowledge and Practices of School Nurses*" at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Conference, Boston, MA. Authors: Priscilla Flowers, Rhona H. Cooper, and Shortie McKinney (7/15/06).
- Poster session: "*Perceptions and Practices of School Nurses Regarding Growth Measurements*" at the National Association of School Nurses' (NASN) Annual Conference, New York, NY. Authors: Priscilla Flowers, Rhona H. Cooper, and Shortie McKinney (7/1/06).

## Leadership

**Chair, DC Coordinating Body, American Association of Diabetes Educators** 2011

- Implement education programs for over 150 attendees and exhibitors.
- Submit and obtain education grant to fund Annual Dinner Program.
- Invited presenter at Leadership Audio Conference on "Effective Grant Writing".

**President, TRI-State Association of Diabetes Educators (TRIADE)** 2006 to 2007

- Collaborate with Board to increase membership by 20%.
- Developed concept for new website to improve functionality, diversity and visibility. Worked closely with Webmaster on implementation.